

# ORGANIC FOOD



**HELPS PEOPLE**  
**HELPS ANIMALS**  
**HELPS THE EARTH**

[www.guomanitoba.ca](http://www.guomanitoba.ca)



Organic farmers say **NO!** to harmful chemicals that go into our food, water and air.

Growing food the organic way helps reduce greenhouse gas and global climate change.

Organic food is healthier for us **AND** tastes better.

Animals on organic farms only get medicine if they are sick and they are part of a healthy whole farm cycle.